

Mesa Public Schools

Junior High Athletics

Baseball Rules

1. Games will begin at 4:45 p.m. If both teams are present and warmed up, then begin at 4:30pm.
2. The game shall be six (6) innings. No new inning shall begin after 90 minutes from the first pitch.
3. Each team will furnish 1 new game ball per game.
4. The rules shall be current edition of the National Federation Rules.
5. 90 ft. bases, 60' 6" pitching distances.
6. There is no bat size or weight restriction. No wooden bats may be used.
7. Only eligible players and coaches in the dugout.
8. Nine (9) players allowed on the field at a time.
9. The number of coaches on base paths is limited to two (2). It could be a coach and an assistant coach. If a student athlete is occupying the coaching box, they must wear a batting helmet with ear protection.
10. The strict uniform rule does not have to be followed as long as team members can be identified as being a member of their team. Coaches do not have to be in uniform.
11. Jewelry may not be worn by student athletes.
12. By mutual consent of both coaches, a team may bat all of their eligible players and defensively substitute freely with the exception of the pitcher. The National Federation rules will apply to the substituting of the pitcher.
13. No Pitcher can pitch more than 8 innings per week.
14. A team may only score 5 runs per inning except for the sixth inning. Once a team has scored 5 runs in an inning, their time at-bat will end.
15. In the sixth inning, the amount of runs will not be limited.
16. A team leading by ten (10) runs after four (4) innings is declared the winner. This includes tournament play.
17. **Optional Rule: At the agreement of both coaches, the batters will start with a 1-1 count.**